

Personal Attendant Position Job Preview



Example of a Typical PA Shift

“Working with my current client involves a day with music and creative activities. There are a lot of shifts available at my clients house so I am able to fit different shifts into my schedule. This particular client uses an electric wheel chair and we assist them with transferring in bed, to the toilet, and assist with showering. I assist them with their medications throughout the day and we spend our time thinking of creative ways to increase their independence. This client is great for anyone who would like to gain experience that would be great experience for those aspiring for careers such as occupational therapy, nursing, or anything in the health care field. Paper work and documentation are a regular part of the day. We help them to stay positive and conduct a regular routine with them through out the day.” M. Lindberg

“Every day really is different, with variety being more the rule than the exception. Much of what I get involved in is driven by the client I support, and in helping to ensure they are able to live with as much independence and choice as possible. Common tasks I support a clients with are helping them achieve goals identified in their support plans, such as learning to use public transport and assisting them with getting ready in the morning, including support with personal care and hygiene. Coordination of a client’s personal hygiene needs may require exposure to bodily fluids (feces, urine, blood). I assist them with taking their medications and depending on the person, assist with mobility. At each shift I also communicate and document any changes in my client’s behaviors, health, and progress with goals. Throughout all of this, I help ensure that the client I support remain at the center of everything I do.” -L. Pettit

PA Testimonials

“Working at Summer House definitely solidified my desire to do the type of work I do. I truly loved my time with the residents and all that I learned from them.”-Brittany Terry.

Brittany is now a licensed Marriage and Family Therapist working for the Sacramento County Office of Education in their new School Based Mental Health and Wellness program.

“You are such a big part of my journey to my career in social work.”-Monica Caldwell. Monica is now a Social Worker for children and families in the Sacramento area. She helps families receive needed services and also to connects them to community resources and supports.

Working at Summer House had such an impact on me and I will forever cherish my experience working with all of the residents during my time there.” -Lizabeth Ramirez-Lozover. Lizabeth is now a Director of our Housing for Health program for a Homeless Health Care in Los Angeles.

Pros & Cons of PA Position

Pros

Team Environment

Hands on Experience in Social Service Field

Positive Work Environment

Rewarding

Cons

Schedule-Less flexibility than other jobs

Some clients don’t want your support

Set State Rate of Pay

Can be very physical & hands on at times

Summer House Benefits

-Sick & Vacation Benefits

-Holiday Pay

-Paid Trainings

-Great Health Benefits